

NUCLEAR MEDICINE

THE MOST IMPORTANT THING: BRING ALL YOUR X-RAYS IF POSSIBLE

Bone Scan	<ul style="list-style-type: none"> • Allow 3 hours • No preparation required – you may eat, drink and dress normally
Myocardial Perfusion Study	<ul style="list-style-type: none"> • Allow 3 hours for the scan to be completed • No caffeine (tea, coffee, cola or chocolate) for 24 hours prior to the test. (Unless otherwise directed) • Certain medications may need to be stopped – please consult your doctor or ring the department at least 48 hours prior to the test
Lung Scan	<ul style="list-style-type: none"> • Allow 1 hour • No preparation required – you may eat, drink and dress normally
Bone Mineral Density (BMD)	<ul style="list-style-type: none"> • Allow 30 minutes • No preparation required – you may eat, drink and dress normally
Renal Scan	<ul style="list-style-type: none"> • Allow 2 hours • You need to be well hydrated – please drink 2-3 glasses of fluid about 1-2 hours before the test. You do not need to keep this fluid in your bladder and you can pass urine normally. You do not need to fast
Thyroid Scan	<ul style="list-style-type: none"> • Allow 1 hour • No preparation required – you may eat, drink and dress normally

If you have any concerns or queries, please discuss these with your nurse

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